



**2021-2022**

April 1<sup>st</sup>, 2021 – March 31<sup>st</sup>, 2022



*Annual Report*

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## MISSION STATEMENT

Rivers West District is a non-profit organization dedicated to facilitate and foster the development and delivery of sport, culture, and recreation programs and services.

**RIVERS WEST**  
**District for Sport, Culture & Recreation**  
**Annual General Meeting**

Tuesday, June 21<sup>st</sup>, 2022 1:00pm CST  
ZOOM Meeting

**AGENDA**

1. Call to Order
  - a. Introduction of Current Board of Directors
  - b. Introduction of Guests
2. Adoption of Agenda
3. Minutes of the last Annual General Meeting and Special Meetings
  - a. Annual General Meeting June 15<sup>th</sup>, 2021
4. Business Arising from Minutes
  - a. No business arising
5. Reading of Correspondence
  - a. No correspondence
6. General Business
  - a. Chairperson's Report – Arlene Southgate
  - b. Executive Director's Report – Donna Johnston-Genest
  - c. 2021 - 2022 Annual Report
  - d. Tri-Global Report – Rob Boulding & Jaclyn Davis, SPRA; Amy Shipley, SaskSport; Damon Badger Heit, SaskCulture
7. Financial Report
  - a. Auditor's Report – Jordan Schechtel, Treasurer
  - b. Reappointment of incumbent auditor – Vantage Chartered Professional Accountants
8. Report of Committees and Special Committees
9. New Business
10. Election of Representatives to the Board of Directors
  - a. Reading of incumbent Directors
  - b. Reading of names of nominees
  - c. Nominations from the floor
11. Adjournment

Rivers West District for Sport, Culture & Recreation Inc.  
Annual General Meeting

MINUTES

Date: Tuesday, June 15<sup>th</sup>, 2021  
Time: 1:00 pm CST  
Location: Zoom

***ATTENDANCE***

Donna Johnston-Genest, RWDSOCR; Arlene Southgate, Unity; Cheryl Clarke, RWDSOCR; Crystal Imrie, Kyle; Ollie Marciniuk, Hafford; Cynthia Tymoruski, RWDSOCR; Bonnie Mills Midgley, RWDSOCR; Damon Badger Heit, SaskCulture; Lisa Watson, Elrose; Amy Shipley, Sask Sport; Erin Poitras, Biggar; Antje Rongve, RWDSOCR; Jaclyn Davis, SPRA; Jordan Schechtel, Battleford; Lori Fenrich, Wilkie; Michelle Horncastle, North Battleford; Delta Fay Cruickshank, Biggar; Brenda Robinson

***CALL TO ORDER***

Chairperson, Arlene Southgate called the meeting to order at 1:04 pm CST and introductions were made.

***AGENDA***

**MOTION #1:** That the agenda be adopted as presented.  
MARCINIUK/IMRIE **Carried.**

***MINUTES***

**MOTION #2:** That the minutes of June 16, 2020 meeting be adopted as presented.  
POITRAS/IMRIE **Carried.**

***BUSINESS ARISING***

No business arising.

***CORRESPONDENCE***

No correspondence was received.

***GENERAL BUSINESS***

Chairperson's Report: Arlene read the Chairperson's Report.  
**MOTION #3:** That the Chairperson's Remarks, as contained within the 2020-2021 Annual Report, be accepted.  
SOUTHGATE/SCHECHTEL **Carried.**

Executive Director's Report: Donna read the Executive Director's report

**MOTION #4:** That the Executive Director's Remarks, as contained within the 2020-2021 Annual Report, be accepted.  
JOHNSTON-GENEST/HORNCastle **Carried.**

2020-2021 Annual Report: A paper copy of the report will be mailed from the head office if requested. An electronic

copy of the Annual Report will be posted on the Rivers West District website.

Tri-Global Report: This report was emailed at the same time as the Rivers West Annual Report.

Amy Shipley, Sask. Sport Inc., thanked the RWDSR Board and Staff for the opportunity to attend the meeting. Amy read her report making special mention of the new Sask. Sport logo and that the links are also included in her report.

Jaelyn Davis, Saskatchewan Parks and Recreation Association, expressed thanks to the Board and Staff for the work during the past year and gave Kerry's regrets for being unable to attend. Jaelyn read her report and said she has enjoyed working with the Rivers West staff this past year doing virtual visitations and attending workshops. She is hoping that all can be done in person soon. Jaelyn mentioned that June is Recreation and Parks Month with various communities celebrating this event and that a grant is available for communities; encouraging everyone to apply.

Damon Badger Heit, SaskCulture, reflected on how Rivers West adapted so well to the changes Covid 19 caused and encouraged others to follow suit. He spoke about the retirement of the SaskCulture CEO at the same time the pandemic started and how challenging it was for the new CEO and for all involved.

Damon read highlights from his report, mentioning Culture Days in September and October 2021 and that Hub Sponsorships are still available. He also mentioned that a new grant was just launched with up to \$2000 available to support local communities.

The plan for SaskCulture is "Diversity, Equity & Access".

Damon concluded with advising everyone to go buy their lottery tickets with the record level Lotto Max!

***FINANCIAL REPORT***

The Financial Statements and Auditor's Report, as prepared by Vantage Chartered Professional Accountants, for the period April 1, 2020 - March 31, 2021, was read by Jordan Schechtel. No discussion arose.

**MOTION #5:** That the audited financial reports be adopted as presented.

SCHECHTEL/FENRICH

**Carried.**

***AUDITORS***

**MOTION #6:** That the firm of Vantage Chartered Professional Accountants be appointed as the auditors for Rivers West District for Sport, Culture & Recreation for the 2021-2022 fiscal year.

MARCINIUK /SCHECHTEL

**Carried.**

***REPORTS***

There were no additional reports presented.

***NEW BUSINESS***

There was no New Business presented

***ELECTION OF  
BOARD OF***

***DIRECTORS***

**a) Reading of Incumbent Directors:** Donna read the list of incumbent nominees: Arlene Southgate, Erin Poitras, Jordan Schechtel, Ollie Marciniuk, Erin Munn, Crystal Imrie, Lisa Watson,

**b) Reading of Names of Nominees:**

- c) 1<sup>st</sup> call for nominations from the floor  
2<sup>nd</sup> call for nominations from the floor  
3<sup>rd</sup> and last call for nominations from the floor  
Donna asked for a motion that nominations cease.

**MOTION #7:** That nominations cease.

FENRICH/SCHECHTEL

**Carried.**

**MOTION #8:** That all incumbent nominees will form the 2021-2022 Board of Directors for Rivers West District for Sport, Culture & Recreation Inc.

WATSON/POITRAS

**Carried.**

Arlene resumed chairing the meeting.

***NEXT MEETING  
DATE***

June 2022.

***ADJOURNMENT***

**MOTION #9:** That this meeting be adjourned  
(1:37 pm)  
POITRAS/IMRIE

\*\*Following the AGM Brenda Robinson made a presentation on the Changes Covid 19 has caused in lives and the “New Normal”. She is so positive and uplifting; always a pleasure to listen to!\*\*

Minutes approved June \_\_\_\_, 2022.

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**Signature**

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**Signature**

## Chairperson's Remarks

Another year has passed. It has been a time of uncertainty, fear, caution, and hope. Our staff has continued to fulfil our mission, in spite of COVID. Their skill and determination is remarkable. They continue to provide valuable services to numerous organizations and communities. Donna is the glue that binds us together. Her leadership guides Cheryl, Cindy, Bonnie, and Antje to achieve their best. She also guides the volunteer board of directors. Her dedication has kept us involved even though some of us struggle with technology.

Our global partners Sask. SPORT, Sask. Culture and Saskatchewan Parks and Recreation Association have continued to support our goals. We thank them for the opportunity to do this.

We face a future of climate change, uncertain economic stability, and a world in turmoil. Rivers West will adapt and will continue to provide our vital services. We are helping to strengthen future leaders. We are improving the quality of life for families and communities. We are Rivers West.

Remember

Rivers West is the best,

*Arlene Southgate*, Chairperson

Rivers West District for Sport, Culture & Recreation

## Executive Director's Remarks

Welcome to the Rivers West District Annual General Meeting and thank you for participating in our 13<sup>th</sup> AGM.

Rivers West District staff had a very busy year. Planning and organizing workshops, overseeing programs and services that are the backbone of what we do, and serving our membership and residents of the District in a world that has been in a spin for the past two years. It hasn't been easy, but we have persevered. I commend the staff of the District, Cindy, Bonnie, Antje, and Cheryl, for always *rolling with the punches* while providing outstanding programs and services. We are a great team!

I would also like to give a shout out to our fantastic Board. At times it has been hard to stay engaged when we aren't meeting face to face, but you have created the supportive environment that only true leaders know how to provide. I thank you.

As we reflect on the past year's accomplishments and successes, I can't help but compare 2021-2022 to 2020-2021. By all indications, we are moving out of a very dark period and heading towards a brighter future. I am looking forward to getting back to meeting in person, participating in the Saskatchewan Games, and working with the members, staff, and Board to make Rivers West District the best that it can be.

***"Learn from Yesterday, Live for Today, Hope for Tomorrow."***

~ Orison Swett Marden

Respectfully yours,

*Donna Johnston-Genest*

# 2021-2022 Board of Directors & Staff



Arlene Southgate,  
Chairperson  
Unity, Saskatchewan




Erin Munn  
North Battleford,  
Saskatchewan



Erin Poitras, Vice  
Chairperson  
Biggar, Saskatchewan



Crystal Imrie  
Kyle, Saskatchewan



Jordan Schechtel,  
Treasurer  
Battleford, Saskatchewan



Lisa Watson  
Elrose, Saskatchewan



Ollie Marciniuk  
Hafford, Saskatchewan

## 20021-2022 Staff



Donna Johnston-Genest,  
Executive Director



Cynthia Tymoruski,  
Community Development  
Coordinator



Bonnie Mills  
Midgley,  
Community Development  
Coordinator



Cheryl Clarke,  
Administrative  
Associate

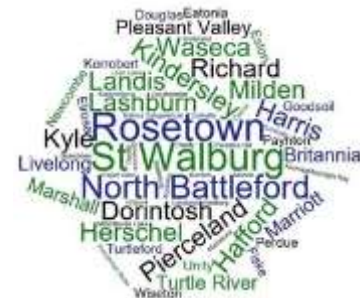


Antje Rongve,  
District Dream Broker



## 2021-2022 Membership

Town of Battleford	City of Meadow Lake
Biggar Museum & Gallery	Village of Milden
Town of Biggar	Neilburg Recreation Board
Walter Fernets	Battlefords Boys & Girls Club
Village of Borden	Battlefords Immigration Resource Centre
Resort Village of Cochin	NAME
Coleville Recreation Association	Battlefords Minor Softball Association
Clayton McLain Memorial Museum	City of North Battleford Parks & Recreation
Cut Knife Recreation Board	Department
Denzil & District Recreation Board	Paradise Hill School
Larry Reiniger	Red Cross Community Centre
Lorraine Reiniger	R.M. of Frenchman Butte No. 501
Village of Dinsmore	Village of Paradise Hill
Dodsland Recreation Board	Bresaylor Heritage Museum Association
R.M. of Chesterfield No. 261	Paynton Parks & Recreation Board
Town of Eatonia	Village of Perdue
R.M. of Turtle River No. 469	Pierceland Recreation Board
Elrose-Monet Recreation Board	Village of Pierceland
R.M. of Monet No. 257	Village of Plenty
Eston Riverside Regional Park	Radisson Recreation Association
Town of Eston	Canoe Kayak Saskatchewan
Frenchman Butte Museum Society	R.M. of Marriott No. 317
Goodsoil Historical Museum	R.M. of Pleasant Valley No. 288
Village of Goodsoil	Town of Rosetown
Biggar Gymnastics Club	R.M. of Douglas No. 436
R.M. of Harris No. 316	Brightsand Lake Regional Park
Village of Harris	Town of St. Walburg
Ancient Echoes Interpretive Centre	R.M. of Mervin No. 499
R.M. of Grandview No. 349	Town of Turtleford
Town of Kerrobert Recreation	Town of Turtleford & R.M. of Mervin Fire
Town of Kindersley	Association
R.M. of Lacadena No. 228	Town of Unity
Town of Lashburn	Waseca Recreation Board
Livelong & District Recreation Association	Town of Wilkie
Resort Village of Kivimaa - Moonlight Bay	Wiseton Recreation Board
City of Lloydminster - Recreation & Cultural	
Services	
R.M. of Britannia No. 502	
Richard Larsen Barr Colony Foundation	
R.M. of Loon Lake No. 561	
Loon Lake Legion Branch # 165	
Luseland Recreation Board	
Town of Maidstone	
Major Recreation Board	
Town of Marshall	



## 2021-2022 Programs & Services

**Indigenous Community Sport Grant Program (ICSGP)** - The Indigenous Community Sport Development Grant (ICSDG) provides greater sport participation and development opportunities for Indigenous youth in Saskatchewan. Rivers West District adjudicated 14 grants for a total of \$70,000. Allocated through Sask. Sport the dollars went to the development of Fastball, Golf, Disc Golf, Mountain Biking, Gymnastics, Basketball, Swimming Soccer, Downhill Skiing, Hockey, Badminton, Volleyball, and Boxing. Due to COVID some applications were only able to access equipment, some later in this year were able to participate in events.

**Creative Kids** - Creative Kids is a charitable giving program designed to reduce social and financial barriers for children and youth who wish to participate in arts and cultural activities in Saskatchewan. In the west, the Battlefords and Kindersley committees review local applications. Committee members who form the Battlefords committee are Siobhan Gormley, Elaine Poirier, Kerilyn Voigt. Volunteers on the Kindersley committee; Mei Shan Wan, Melanie Ward, Devon Coles, Lindsay Johnson, Pam Sawatzky, and Melissa Hynd. Thank You all for your time and commitment. In 2021, the Battlefords committee funded a total of 178 applications, totaling \$32,057.87.

**SSFA 55+ Rivers West Committee** - The Saskatchewan Senior Fitness Association (SSFA) Rivers West District were unable to host any games this year. Our mailout Bingo Event Cards provided a fun way to get up and move. It was very successful, and participants had a lot of fun completing the activities completing a variety interesting, challenges. The 55+ Games were cancelled due to COVID. The Provincial 55+ Games will now be taking place in Prince Albert June 14<sup>th</sup> to 16<sup>th</sup> and the National 55+ Games are in Kamloops August 23<sup>rd</sup> to 26<sup>th</sup>.

**Rivers West District Dream Broker (DDB) program** - The DDB Program targets children and youth who are faced with various social and economic challenges that adversely affect their quality of life. These issues create barriers to sport, culture, and recreation such as: economic circumstance, awareness, cultural insensitivity, and access to transportation. Children, youth, and their caregivers are in need of support to provide greater opportunities that contribute to developing children and youth who are healthy, active, successful members of their community.



This is where the DDB comes in. The DDB works directly with children, youth, and their families from Connaught & Saint Mary's school in North Battleford to reduce barriers to gain access to existing sport, culture, and recreation activities. Since the beginning of the 2021-2022 school year over 300 students have successfully completed a program or activity with the Dream Broker program. Although COVID restrictions were still quite strict in the Fall at each of the schools, the community programs did open up for students to join. Some of the most popular programs include gymnastics, indoor soccer & boxing. COVID-19 restrictions at the schools were lifted about halfway through the year allowing for after-school clubs to begin in January of 2022. The first clubs to take place were Lynal's Cultural Teaching sessions at each school. Then, in March the beginner sewing club began at each school as well as the Judo program at Connaught. The other programs that were planned to begin in the Spring include "Kids in the Kitchen" at St. Mary's &

Ribbon Skirt program at both schools. Also offered for students at both schools is the baby-sitting course. Each course was over a weekend and had a limit of ten students. Activity kits continue to be distributed, Shawn Piller created 5 different kits for students to take home or work on in class.



## **DDB Schools - Connaught School & St. Mary's School**

### **St. Mary School**

The Dream Broker began the year working at St. Mary's school on Mondays & Wednesdays but switched to Mondays & Tuesdays in March of 2022. The St. Mary's students have become very familiar with the Dream Broker program and are excited to sign up for new activities. Many students have joined the Battlefords Gymnastics Club as regular members. The DDB continued to work with classes during class times allowing many programs to go ahead. All the in-class activities were art kits created by Shawn Piller. Lynal Ernest has been regularly visiting St. Mary's school on Tuesdays to deliver Cree protocol discussions, songs, prayers, etc. The students and staff love getting to know Lynal. Lynal has also been working with the Grade 5-7 boys around the Pow Wow drum. The boys have learned several songs as well as the teachings of the drum. Over 175 St. Mary's students have been able to participate in the DDB programs because of the opportunity to work in-class. Rivers West District & the Dream Broker program provided funding for St. Mary's to purchase eight sewing machines. The machines have been used in the beginner sewing club and in the Ribbon Skirt program that began in May. The students really enjoy being able to create something they can use everyday out of fabric. Darlene Humenny is the instructor for the beginner program and Shanda Ernest is the instructor for the ribbon skirt program. Also, this year the DDB has partnered with Midwest Food Resources to create an on-going cooking program for students in grade 3-7. The students will cook their own meals and get to take them home to their families for supper that night. The students then get to decide what to make to take home the next week. The DDB has also arranged to have the babysitting course start this year. After a two-year break due to Covid-19 the students and their families are excited to have this option back at the school.

### **Connaught School**

This year, the DDB was allowed back into the school to work more closely with the students, families, and staff. The DDB began the year working on Tuesdays and Thursdays but then switched to Wednesdays & Thursdays in March 2022. The DDB started off the school year by visiting classes and leading them through the art kits created by Shawn Piller. In November 2021 Lynal Ernest began working with the students on Thursdays to provide Cree protocol discussions, sing with the students, etc. The students loved the art kits and getting to know Lynal. In the new year, the DDB began planning after school programs. These included the beginner sewing program lead by instructor, Darlene Humenny. Darlene also instructed the weekend baby sitting course in April 2022. Students were invited to participate in the Judo after school program lead by instructor Lloyd Bullerwell. The school purchased equipment for this program a number of years ago through the Rivers West District Aboriginal Community Sport Grant. Students who completed the beginner sewing club were invited to participate in the Ribbon Skirt program with Shanda Ernest. The program was hosted at St. Mary's, but 3 Connaught students were transported back and forth to participate. The students will continue to work on their skirts until the end of the school year.



**Summer Camps & Programs** - In the summer of 2021, the DDB organized several day camps including two basketball camps and a disc golf camp available for St. Mary's & Connaught students. All camps had great attendance the disc golf camp had over 50 students attend. They were all great events.

This summer the DDB will be registering students for camps through the City of North Battleford & Battlefords Boys and Girls Club. The MPP program through Rivers West District is up and running again and the DDB will be helping with that program.

**Battlefords KidSport** – The DDB is responsible for accepting paper applications on behalf of KidSport Battlefords. The online applications go straight to KidSport headquarters in Saskatoon. KidSport Battlefords does three fundraisers every year; fundraising and awareness BBQ (brings in about 4% of total fundraising revenue), lobster sales (about 11%) and Operation Red Nose through the Lions Club (about 85%). This year KidSport did not fundraise due to COVID restrictions.



This year there were many more applications submitted as the programs offered in the community began to open up again. Parents were more comfortable registering their children for activities as well.

**Volunteering** - Battlefords District Food & Resource Centre - In Fall 2020 the DDB began volunteering at the Battlefords District Food & Resource Centre (Foodbank) once a week to fill her hours. Since then, the DDB has participated in the Care Pack program that they offer. The program helps students at schools who do not have enough food in their homes to feed the kids during the weekends. The packs include 3 meals for two days as well as snacks to cover them for the days they are away from school. This

program has continued at St. Mary's school and will continue for the foreseeable future. The DDB still goes to the Foodbank once every month to pack food bags for St. Mary's families.

**KidSport** – Did you know? Rivers West District currently has 9 KidSport communities. Those committees, comprised entirely by volunteers, assisted 666 children in 2021-2022 to the tune of \$69,401.42. The top 5 funded sports, across the province, were hockey, soccer, gymnastics, basketball, and volleyball.

The Battlefords – funded 102 kids for a total of \$24,130.<sup>00</sup>

Biggar & Area – funded 45 kids for a total of \$2,910.<sup>20</sup>

Eston – funded 1 kid for a total of \$175.<sup>00</sup>

Kerrobert – funded 9 kids for a total of \$1,640.<sup>00</sup>

Kindersley – funded 2 kids for a total of \$1,225.<sup>00</sup>

Lloydminster – funded 449 kids for a total of \$24,868.<sup>32</sup>

Meadow Lake – funded 21 kids for a total of \$7,405.<sup>00</sup>

Rosetown & Area – funded 5 kids for a total of \$1,221.<sup>00</sup>

Unity – funded 32 kids for a total of \$5,826.<sup>90</sup>

KidSport Saskatchewan – <http://www.kidsportcanada.ca/saskatchewan/> supported 322 kids for a total of \$89,920.79 in communities that do not have a local KidSport committee.



**Volunteer Recognition Awards** - Our 13<sup>th</sup> Annual Volunteer Recognition Program (VRP) was to be held in person with smaller events planned specific to recipients and their location. All recipients were highlighted on our social media. Recognition award plaques were created by Cindy Hoppe a Fibre Artist from Biggar that depicted beautiful florals and landscapes.

**2022 Award Recipients:**

**Sport: Team of the Year:** U12 Sox Softball Team (Meadow Lake)

**Coach of the Year:** Davin Hildebrand (Meadow Lake)

**Culture: Development and Promotion:** “Saskatchewan Women of Influence” Book (Paradise Hill)

**Artist of the Year:** Katy Messmer (Lloydminster)

**Event of the Year:** Banner Project (St. Walburg)

**Museum of the Year:** Imhoff Museum & Art Gallery (St. Walburg)

**Recreation: Professional of the Year:** Nicole Headrick (Unity)

**Facility: Renovated or New Build:** Unity Community Centre (Unity)

**Service Provider of the Year:** Dylin Curiston, Four Corner Boxing (Battlefords)

**Over-All Volunteers:** Julie Hougham (Frenchman Butte), Katie Clark (Hillmond), Marli Shepherd (Kerrobert).

**Congratulations!**

**2022 Rivers West District VRP Recipients**

**Meadow Lake U12 Sox Softball Team**

**Davin Hildebrand**

**"Saskatchewan Women of Influence 1905 -2005" Museum Book Committee**

**Katy Messmer**

**St. Walburg Banner Project**

**Imhoff Museum & Art Gallery**

**Nicole Headrick**

**Unity Community Centre**

**Katie Clark**

**Julie Hougham**

**Marli Shepherd**

**Dylin Curiston/Four Corner Boxing**

*Thank You!*

**Mobile Playground Program (MPP)** - Traditionally, Rivers West District ran our Mobile Playground Program each summer, beginning with hiring four Mobile Playground Coordinators to develop and operate the program. This past year, we are unable to run our traditional program. So, we developed a one-time funding opportunity for our member communities and organizations within those communities. Our priority is to have children and youth increase their physical, cultural, and recreational activity.

This year there were 5 Grant Streams that communities could apply for during the 2021-2022 year:

Stream A: Sport Development

Stream B: Physical Activity & Recreation Development

Stream C: Arts/Culture Development

Stream D: Equipment/Supplies – Sport, Culture & Recreation

Stream E: Community Playground Program Development

During the 2021-2022 program year, there were 29 successful applications for things such as sporting equipment, nature programming, sport programs and clinics, activity kits, leadership training, and sewing instructional programs. Applications came from throughout the District and will impact sport, culture, and recreation programs and services for years to come.



Naomi Wall has been hired to supervise the 2022-2023 Mobile Playground Program and Carmella Gattinger has been hired as one of the 3 Playground coordinators.

Naomi



Carmella

**Saskatchewan Games Program** - The 2022 Saskatchewan Winter Games which were scheduled to occur in Regina during the third week of February of 2022, were unfortunately, but necessarily postponed until February 19<sup>th</sup> to 25<sup>th</sup>, 2023. We are anticipating that the full slate of 17 sports will be participating. Alpine Skiing, Artistic Swimming, Biathlon, Bowling - Special Olympics, Curling, Gymnastics, Judo, Speed Skating, Table Tennis, Weightlifting, Badminton, Cross Country and Para Nordic Ski, Figure Skating, Futsal - F + M, Snowboarding, Target Shooting, Wrestling.

**7 days, 9 District Teams, 17 sports**

100+ host organizing committee **volunteers**

1,000+ community **volunteers**

1,800+ **athletes, coaches, and officials**

5,000+ **spectators**

\$3M+ in economic **impact**



**Coach & Athlete Development** - Rivers West District identified a need to assist coaches in obtaining various levels of coaching certification. In the rural areas of Saskatchewan, it is sometimes a challenge to ensure that a minimum of 10 participants enrol in a NCCP Clinic. Rivers West District developed an assistance program to help coaches offset costs associated with traveling to the larger centres to participate in NCCP clinics not offered in the rural areas. Fifteen of our District coaches took advantage of the Coaching Assistance Program (CAP) to upgrade their coaching certification outside of the District in 2020-2021.

Rivers West also worked with partners and municipalities to bring basketball, canoe kayak, and archery clinics to the District.

**Canadian Women in Sport Workshops** – another very successful partnership with the Provincial Sport, Culture & Recreation Districts was the Canadian Women in Sport virtual workshops. Two series of eight workshops, covering such things as, *effective networking, women on boards, leading with confidence, conflict management, leading the way (LGBTQI2S inclusion), influencing change, life balance, effective communication, and retaining girls in sport & recreation* were offered, with ~200 participants over the course of the 16 workshops.

**Sport, Culture & Recreation Event and Partnership Building Program** - This program was put in place to help communities offset the costs of hosting events, workshops, clinics, and training sessions in their communities. After two years of little to no activity with this program we were excited to assist 15 communities and organizations this year. Examples of the activities and events were: festivals, outdoor cooking programs, paddling clinics, family skating, fall fairs, visual arts classes, dance classes, 4-H speeches, and mental health summit.

**Sport Medicine and Science Council Workshops** - A collaboration between the 7 Sport, Culture & Recreation Districts in the Province resulted in a series of 14 workshops being offered province-wide.

- Prairie Central District hosted the April *Sleep and Performance* workshops; a Lunch and Learn 12:00-1:00pm and an evening event from 7:00 – 8:00pm. We had a total with 24 attending.
- Parkland Valley District hosted the May 20<sup>th</sup> *Self Massage and the Athlete* workshops facilitated by Monty Churchman CSMTA(SF) from 12:00-1:00pm and Al Bodnarchuk CSMTA(SF) from 7:00-8:15pm with 17 participants.
- Rivers West District hosted the June 24<sup>th</sup> *Sports Nutrition Supplements* facilitated by Heather Hynes from 12:00-1:00pm and from 7:00-8:00pm with 15 participants.
- The August 18th Mental Performance, Energy Management was hosted by South East District from 12:00 – 1:00pm and from 7:00 – 8:00pm with 20 participants.
- On Sept. 15th the South East District hosted the *Mental Performance - Thinking Patterns* workshops with Lisa Hoffart facilitating. Attendance for the 12:00 - 1:00pm session was 14 participants and for the 7:00 - 8:00pm session 31 people.
- Lakeland District hosted the *Mental Performance - Imagery* workshop in October with facilitator, Lisa Hoffart 7:00 – 8:00pm session – 22 participants.
- In October of 2021, the Northern District hosted *Developing Team Culture* workshop again with Lisa facilitating. 7:00 – 8:00pm session – 5 participants.
- On November 23<sup>rd</sup> the South West District hosted the *Mental Performance Routines* workshop with Lisa Hoffart. Seven people attended the noon hour and evening sessions.
- On Dec. 15<sup>th</sup> Parkland Valley hosted the *Ideal Performance State* webinars. Session #1 – 12:00 – 1:00pm had 7 attendees as did Session #2 in the evening.

**Land Acknowledgment Workshop** - On March 31<sup>st</sup>, 2022, Rivers West District hosted Annie Battiste who presented an interactive, virtual workshop where participants were encouraged to write their own Land Acknowledgement, share what they had written, and get Annie's feedback. The session was booked through the Office of the Treaty Commissioner. There were 27 participants, including school students and staff.

**Indigenous Allyship & Museums** - On November 19<sup>th</sup>, with Prairie Central District as the Lead in yet another joint District collaboration, Guest Speaker, Sheelah McLean shared her knowledge and experiences in a Rethinking Prairie History virtual presentation. The Museums Association of Saskatchewan was also a partner in offering this learning opportunity. The event poster included – *“In this session, we will explore the stories we are told about the history of the prairies and how they shape our worldview and understanding of inequality. We will investigate our own social locations within this history and discuss strategies for creating solidarity and allyship across difference.”*

**Public Art - The Value to Community and How to Initiate a Project** - On December 1<sup>st</sup>, the Districts joined together to offer this workshop. The event was created to educate participants on how to create a successful Public Art program by sharing a toolkit and best practices from the field. Participants heard from municipal leaders and artists who shared examples as well as policy and budget items. Thirty people joined the webinar to learn more!

**SPRA Framework in Action** - Through our participation in this initiative we have been afforded the opportunity to enhance our programming and services to our members. The following programs and services are a direct result of our partnership with SPRA on this initiative.

**Community Visitations** - Cindy and Bonnie, along with Rob Boulding or Jaclyn Davis, SPRA Field Consultant for the community, had virtual visits during the year. These information sharing sessions made us aware of some of the interesting activities the municipality is hosting, challenges they are working through, facilities that they operate, and much, much more.

- On June 23<sup>rd</sup>, we connected with Angela Langen, Administrator, Town of Elrose, Meghan Nickason, Administrator RM of Monet and Robert Ellis, Chair, Elrose Rec Board.
- On July 7<sup>th</sup>, we chatted with Shiloh Bronken, CAO, Town of St. Walburg and Heather Moellenbeck, Manager, Brightsand Lake Regional Park.
- On Aug. 4<sup>th</sup>, Kim Frolek, Assistant Administrator, Village of Meota and Sherry Doom, Chair, Meota ADRA, were out guests.
- On Feb. 2<sup>nd</sup>, 2022 - Rob, Cindy and my visit with Kimberley Halpenny, Village of Goodsoil Administrator.



**Communities in Bloom Workshop** - The Province's Sport, Culture and Recreation Districts partnered to offer *Growing Together with Communities in Bloom*, an online event, during the evening of April 22<sup>nd</sup>, 2021. The session included Andrew Exelby, Consultant – Parks and Open Spaces Saskatchewan Parks and Recreation Association and volunteer CiB presenters, Glenn Hymers, Craik, Channa (video) from Creighton, and Peggy George, Melfort.

**Forever In Motion** - Virtual Forever in Motion Leader Training was offered over the course of late January to early February 2022. The sessions will be led by Shania Meyer, BKin, (CSEP -CEP, ACSM-CEP), Exercise Therapist, from Borden. Six individuals from across the province (three from RWD) were able to apply for their certificates from SPRA.



Grant Writing Workshops - Wendy Plandowski facilitated this virtual training six times during the year-on May 12th, November 9th, November 17<sup>th</sup>, January 13<sup>th</sup>, Jan. 21<sup>st</sup> and again on March 15<sup>th</sup>. One hundred and two participants benefited from Wendy's expertise.

Grant revenue is key to helping the bottom line of many non-profits and can be an important factor to success. This session covered the development of your grant strategy; creation of your grant "cheat sheet" which will save you time and energy; the best prospecting strategies for finding grants; and finally, how to set up protocols for tracking and delivering the outcomes for repeated success.

Strategic Planning Tips for Boards – Two workshops with facilitator, Wendy Plandowski, were hosted by Rivers West District on January 25<sup>th</sup> and 27<sup>th</sup> with 38 participants spread out over the two workshops. An in-depth strategic planning process has also been started for a member organization which should finish mid 2022.

Financial Management for Non-Profit Organizations Workshop – Three workshops with facilitator, Wendy Plandowski, were hosted on December 1<sup>st</sup>, January 18<sup>th</sup>, and January 19<sup>th</sup> with 43 participants.

Social Media Workshops – Two social media workshops were held on May 25<sup>th</sup> and July 29<sup>th</sup> with 26 attendees and Em Ironstar facilitating.

Non-Profit Fund-Raising Strategies – Trellis.org facilitated both the November 17<sup>th</sup> and March 3<sup>rd</sup> Marketing and Fundraising workshops with 84 participants. These workshops were also a collaboration between the SCR Districts.

Leadership Workshops – Rivers West District hosted 9 leadership workshops over 2021-2022. Lara Schroeder facilitated workshops on *Team Building in a Pandemic Time* and *Using Volunteering to Re-engage Community Post Pandemic*. Wendy Plandowski facilitated *Volunteer Recruitment "The Power of Volunteers"* and Brenda Robinson shared her vast knowledge and humour when presenting *Celebrating the Intergenerational Challenge, Front Line or Firing Line, and Building a Better Public Picture for You and Your Organization*. Over the course of these workshops 126 people participated.

Board Governance & Effective Meeting Workshops – a series of 10 workshops covering such things as *Roles & Responsibilities, Board Chair Responsibilities, Board Oversight, and Effective and Efficient Board Meetings* were led by facilitator, Wendy Plandowski, with 158 participants.

Recreation Practitioners Support – Recreation Chats are a new means of connecting virtually with both volunteers and Recreation staff within the District. Cindy and Bonnie hosted three such zoom sessions on January 25<sup>th</sup>, February 22<sup>nd</sup>, and March 29<sup>th</sup>, 2022. Participants share information with Rivers West District and, in turn, we offer ideas for funding opportunities, answer questions, make connections between municipalities and sport, culture, and recreation experts, promote workshops and clinics in the District, and introduce recreation, sport and culture ideas. These informal chats have been a strong communication tool for the District.

Facility Operator Support Program – As with many other programs and services that required "in person" training to proceed, the Facility Operator Support Program was hard hit by our continued navigation through the world-wide pandemic that we found ourselves in during 2020 to now. We were able to help 1 recreation professional from the District to broaden their skills to better serve their community.

## Partnerships

Sport Medicine & Science Council of Saskatchewan (SMSCS)	Sask. Sport Inc.
Canadian Women in Sport	SaskCulture Inc.
North Saskatchewan River Basin Committee	Saskatchewan Parks and Recreation Association Inc.
West Central Municipal Government Committee	Saskatchewan Games Council
District Dream Broker Advisory Committee	City of Lloydminster
KidSport Battlefords	City of North Battleford
Creative Kids Battlefords	Town of Battleford
Provincial Sport, Culture & Recreation Districts	<i>in motion</i> Lloydminster
Provincial Eligible Cultural Organizations	Multicultural Council of Saskatchewan
Provincial Sport Governing Bodies	Battleford Boys & Girls Club
Provincial Recreation Organizations	Battlefords Youth Network
	Heart of Treaty Six (HOT 6)

**Heart of Treaty Six** - Rivers West District continues to be a member of Lloydminster and Area's Heart of Treaty 6. In August 2021, HOT 6 welcomed Janet Trottier to the newly formed position of HOT 6 Reconciliation Facilitator. One of Janet's many duties is to organize the Reconciliation Circle Gatherings during the Spring and Fall equinox and Summer and Winter solstice. Quarterly Circles are held during the months of March, June, September, and December. HOT 6 members also have the opportunity to attend one, or more, Community Action Circles, which are a branch of the HOT 6 Reconciliation Circle. Focusing on the Calls to Action from each specific area, the Circles include a focus on Health, Education, Business and Community. Bonnie has joined the Community Circle on behalf of Rivers West District.

**Multicultural Council of Saskatchewan** - Appreciation versus Appropriation: Journey as an Ally On October 27th, in partnership with the 7 rural SCR Districts the Multicultural Council of Saskatchewan facilitated this important topic. The Workshop's focus was: As people move through their journey of Allyship the understanding and questions around appreciation vs appropriation becomes apparent. Where is the line? Is it okay in certain situations and not in others: How can I be sure? Some very important differences between Appreciation versus Appropriation were identified during the virtual event.

## **OUR VALUES**

<b>Respect</b>	We will act with fairness, honesty, and professionalism. We will value each other's perspective, opinions, beliefs, and contributions.
<b>Participation</b>	We will strive to diminish "participation for all" barriers.
<b>Leadership</b>	We will take a <i>grassroots</i> approach to enhance communities through collaboration and development.
<b>Inclusion</b>	We will strive to be an organization that embraces all cultures, practices gender equality, and inclusion of all ages and abilities.
<b>Transparency</b>	We will be honest, fiscally responsible, ethical, open, and accountable in all that we do.