

# SSFA RWD Walkability Challenge



The SSFA RWD 55+ Walkability challenge is available to Seniors organizations and community groups to host a walking program.

*If you have 10 – 49 participants completing the Challenge the grant is \$300.*

*If you have 50 or more participants completing the Challenge the grant is \$500.*

*All participants must have a SSFA annual membership (\$10).*

Between January 1, 2022 and March 1<sup>st</sup>, 2022 each registered participant must walk 40 times, for a minimum 20 minutes each time.

Return completed entries and memberships prior to March 15<sup>th</sup>, 2022.

Completed team entries will be entered in a draw for an additional \$100.

Completed entries should be sent to SSFA RWD. Box 822, North Battleford SK S9A 2Z3.

Or [rwdsr.cynthiat@sasktel.net](mailto:rwdsr.cynthiat@sasktel.net)

Questions can be directed to Cindy at 306-446-6776 or Cheryl at 780-808-6891.



Saskatchewan  
**SENIOR FITNESS**  
Association



# SSFA RWD Walkability Challenge

TEAM NAME: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

WALKING TEAM MEMBERS: *(must have SSFA RWD \$10 membership)*

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Add extra pages if needed. Photocopy membership papers as necessary.

Email completed papers to [rwdsr.cynthiat@sasktel.net](mailto:rwdsr.cynthiat@sasktel.net) OR

mail completed papers to SSFA RWD Box 822, North Battleford, SK S9A 2Z3

