

We are excited to bring you our second in a series of FOUR Fitness, Fun and Fellowship adventures. We are promoting staying active and challenged while being Covid-Aware.

The Saskatchewan Senior Fitness Association Rivers West District (SSFA RWD) wants you to participate. Attached is the

HOLIDAY FUN B-I-N-G-O

Complete the activities in the time allowed and return the completed challenge

by mail to: SSFA RWD Box 822 North Battleford SK S9A 2Z3

Or

by email to: rwdsr.cynthiat@sasktel.net.

There will be participation prizes for all who enter. At the end of the four challenges ALL participant entries will be put in a draw for the grand prize!

Make copies of the **HOLIDAY FUN B-I-N-G-O** and share with friends and family 50+ years of age.

Let's make our district the most active in Saskatchewan!

